

## PRODUCT SPECIFICATION

**Product name:** POWER BIKE BAR

**Product classification:** Intended for special nutrition, suitable for athletes

**Flavour:** caramel

**Organoleptic characteristics:**

- *appearance, consistency:* bar shaped as a regular block with a glossy surface, light brown color without coating
- *Consistency:* homogeneous plastic, soft and sticky to the touch
- *taste:* sweet caramel
- *aroma:* caramel

**Ingredients:** glucose-fructose syrup, starch syrup, maltodextrin, whey protein concentrate, oat bran, rice flour, cream flavored with vanilla (sugar, palm vegetable oil, milk powder, whey powder, emulsifier soya lecithin, flavors, dyes E 100 and E 160 C), palm oil, caramel color, rape lecithin emulsifier, glycerin, vitamin premix (see table), L-Leucine, L-Isoleucine, L-Valine, sodium citrate, potassium gluconate, sodium chloride, magnesium citrate, flavour.

**GMO and allergens:**

This product does not contain GMO ingredients

- Allergens: gluten, milk, soya
- Product may contain traces of nuts, peanuts and sesame

**Recommended dosage:**

- 1-2 bars per day

**Usage:** once opened, product is intended to immediate consumption

**Microbiological requirements:** The product meets the microbiological requirements of the applicable law of the European Union and the Czech Republic.

**Chemical requirements:** The product meets the requirements of the applicable limits of European Union and the Czech Republic for the maximum permissible level of heavy metals

**Weight:** 45 g

**Storage conditions:** Store in a dry place, at the temperature below 25 °C and out of reach of direct sun radiation. Protect from freeze

**Shelf life:** 12 months

### Nutritive values:

	100 g	bar – 45 g
Energetic value	1591 kJ/377 kcal	716 kJ/169 kcal
Proteins	10,8 g	4,9 g
Carbohydrates	64,9 g	29,2 g
Sugars	22,4 g	10,1 g
Polyol	0,5 g	0,2 g
Fats	8,1 g	3,6 g
Saturated fatty acids	3,2 g	1,4 g
Fiber	1,7 g	0,7 g
Sodium	0,08 g	0,04 g
<b>Magnesium</b>	<b>6,6 mg = 1,8 % rdd</b>	<b>3 mg = 0,8 % rdd</b>
<b>Potassium</b>	<b>14 mg = 0,7 % rdd</b>	<b>6,3 mg = 0,3 % rdd</b>
<b>L-Leucine</b>	<b>250 mg</b>	<b>113 mg</b>
<b>L-Isoleucine</b>	<b>125 mg</b>	<b>56 mg</b>
<b>L-Valine</b>	<b>125 mg</b>	<b>56 mg</b>
<b>Vitamins:</b>		
Vitamin C	100 mg	45,2 mg
Vitamin B3	20 mg	9,0 mg
Vitamin E	15 mg	6,8 mg
Vitamin B5	7,5 mg	3,4 mg
Vitamin B6	1,8 mg	0,8 mg
Vitamin B2	1,8 mg	0,8 mg
Vitamin B1	1,4 mg	0,6 mg
Vitamin B12	3,1 µg	1,4 µg
Biotin	62,5 µg	28,3 µg
Folic acid	250 µg	113 µg
rdd...recommended daily dosage		
vitamins content in 100 g corresponds to 125 % of recommended daily dosage		

### EAN – Power bike bar, caramel:

- Product: 8594014868333

**Warning:** Intended for special nutrition. It is not suitable for children, pregnant and nursing women. Keep out of reach of children! It does not contain substances of doping character. The manufacturer is not liable for any damage caused by improper usage or storage.

Version: 1	Processed: Ing. Veronika Nováková	
Valid from: 15. 2. 2011	Approved: Ing. Lenka Vánská	